Adolescent Outpatient

Bradford Health Services of Knoxville
301 S. Gallaher View Rd., Room 300
Knoxville, TN  37919
Phone: (865) 693-9326
Fax: (865) 693-9536
Contact: John West

Clients Served: M/F Adult & Juvenile
Service Areas: National
Forms of Payment: Most commercial insurance; private pay; TennCare
Is Agency on TennCare plan? Yes

Services Provided:

- Outpatient addiction treatment
- Inpatient
- Free assessments/consultation
- Alcohol and drug education classes
- Free family support group open to community
- Aftercare
- Detox
- Impaired professionals program
- Halfway House- “The Reprieve”
- Military program, residential
- Extended care

Bradford Health Services of Cookeville
1330 Neal St., Suite D
Cookeville, TN  38506
Phone: (931) 528-6803 or 888-233-3973
Fax: (931) 528-6826
Contact: Lora Walrath
Clients Served: M/F 13-65-years-old
Service Areas: Putnam, Cookeville & upper Cumberland (also national); 20+ outpatients Chattanooga, Manchester, Clarksville, Nashville, AL, GA, TN
Forms of Payment: Most commercial insurance; private pay; TennCare
Is Agency on TennCare plan? Yes

Services Provided:

- Outpatient addiction treatment (5 days/week Cookeville)
- Inpatient
- Intervention
- Assessment
- Relapse prevention
- Adult day/evening IOP/ADOL after school IOP
- Continuing care
- Family & parent support groups
- Referral to inpatient
- Accepts referrals from all inpatients

CADAS (Council for Alcohol and Drug Abuse Services, Inc.)
Adult Treatment Address: 207 Spears Ave., Chattanooga, TN 0
Adolescent Treatment Address: 911 Pineville Rd., P.O. Box 4797, Chattanooga, TN 37405-3840
Phone: (423)-756-7644, Toll-Free: 1-877-282-1223
Fax: (423)-756-7646
Contact: Jim Shaw Email: info@cadas.org

Clients Served: M/F Adults & Adolescents
Service Areas: All facilities and services provided in Chattanooga
Forms of Payment: Self-pay; Private Insurance; Grant; Sliding Scale; ADAT (Alcohol Drug Assessment Treatment- Court Ordered); State-funded insurance; Court Ordered DUI Training)
Is Agency on TennCare plan? Yes

Services Provided:

- Outpatient addiction treatment
- Inpatient
- Residential
- Detox
- Transition/halfway housing
- Recovery support
- Dual diagnosis
- Assessment
- Relapse prevention
- TN Prevention network provider
- Drug testing
- Family education
- Hearing-impaired services

**Description:** Adolescent Treatment (Age 13-18): 911 Pineville Road, Chattanooga, TN 37405-3840, Residential Rehabilitation (40 Beds) 45 day program, Day Treatment Program, After Care (1 Year) & Family Program. Adult Treatment (Age 18 - 65+): 207 Spears Avenue, Chattanooga, TN 37405-3840, Respite Services, Medically Monitored Crisis Detox Program, Residential Detox Program (12 Beds), Adult Residential Treatment (36 Beds) 28 day program. Adult Intensive Outpatient Program (16 sessions M, W, F, AM & PM), Adult Oasis Transitional Living Program (24-month Halfway House 38 Beds), After Care (1 Year) & Family Program. Family Way Program: (12 Apartments) Transitional Living Program for Single & Expectant mothers in recovery that have children up to age 11. Clients continue to learn life skills such as time and money management, relapse prevention and recovery skills, parenting classes and education. (24-Month Program) Court Ordered DUI Training Program (Two 12-hour accelerated classes are offered each month on Saturday if minimum enrollment is met.)

**Camelot Care Centers, Inc.**

103 Donner Drive
Oak Ridge, TN 37830
**Phone:** 865-481-3972
**Fax:** 865-481-0319
**Contact:** Cindy Harmon

**Agency Type:** Child and Adolescent
**Clients Served:** M/F ages birth-19 and parents of clients
**Service Areas:** Knox and surrounding counties
**Is Agency on TennCare?** Yes (some); state
**Forms of Payment:** Insurance; state agencies; some private insurance

**Services Provided:**

- Intensive in-home services
- Therapeutic foster care
- Mental health treatment
- Crisis intervention
- Early intervention
- Assessments
- Outpatient drug & alcohol services available
- 7 Challenges program for children already in services
- Tutoring program: A-Z tutoring

**Outreach activities:** Information resources/literature, speakers advocacy, Parenting, community programming/training.
Organization Overview: The Monitor Prime Treatment Program includes weekly individual and family therapeutic interventions within the home, psychotherapy and focused group therapy for the child and parent groups every other week. Services include crisis intervention and outpatient therapeutic support as needed by the family on a 24-hour, 7-day a week basis. Outpatient services include group, family and individual therapy as well as comprehensive assessment services. Outpatient alcohol and drug services are available.

Cherokee Health Systems
2018 Western Avenue
Knoxville, TN 37921
Phone: 865-670-9231; 865-544-0406 (existing patients); 866-231-4477 new patients
Fax: 865-531-3460

Agency Type: Community Mental Health
Clients Served: M/F adults & adolescents
Forms of Payment: commercial insurance, private pay/sliding fee scale
Is Agency on TennCare? Yes (No Americhoice)

Services Provided:

- Outpatient individual and group therapy (general alcohol and drug as well as gender specific)
- Dual diagnosis
- Intervention
- Relapse prevention
- Assessment

Organization Overview: Cherokee’s alcohol and drug program is designed to provide Level 1 outpatient to individuals with co-occurring disorders. Each client has psychiatric services and medication management available as deemed necessary. Spanish speaking and hearing-impaired services provided.

Locations:

- Bean Station- 865-993-4300
- Blaine- 865-933-4110
- Clairfield- 423-784-7794
- Knox County Health Dept.- 865-215-5440
- Maryville- 865-380-4390
- Morristown- 865-386-5032
- Newport- 423-623-5301
- New Tazewell- 423-626-8271
- North Knox- 865-947-6220
- Seymour- 865-573-0698
- Talbott- 423-587-7337
- Washburn- 865-497-2591
Comprehensive Community Services
6145 Temple Star Rd.
Kingsport, TN  37660
**Phone:** (423)-349-4070  
**Fax:** (423)-349-6597  
**Contact:** Stewart Sigrest  
**Email:** ccstreatment@aol.com

**Clients Served:** M/F adults & adolescent males  
**Service Areas:** Statewide (in-state only)  
**Forms of Payment:** Self-pay; grant; indigent; sliding scale: Americhoice  
**Is Agency on TennCare plan?** Yes

**Services Provided:**
- Outpatient addiction treatment
- Inpatient
- Residential
- Residential adolescent program 13-17 years-old
- Recovery support
- Dual diagnosis
- Assessment
- Relapse prevention
- Drug testing
- Referral to halfway house
- Family education
- Pregnancy
- Transportation
- Spiritual support

Cornerstone of Recovery, Inc
1214 Topside Rd
Louisville TN 37777
**Phone:** 865-970-7747
**Fax:** 865-681-2266
**Web Address:** [www.cornerstoneofrecovery.com](http://www.cornerstoneofrecovery.com)
Agency Type: Drug and Alcohol Treatment
Clients Served: M/F adults and adolescents
Service Areas: Southeast
Forms of Payment: Private pay, commercial insurance, no indigents
TennCare: No
Services Provided:

- 3-day inpatient evaluation
- Outpatient, 4-6 weeks
- Residential, 20-30 days
- Halfway house
- Medical detox, 3-5 days
- Adolescent outpatient
- ATOD prevention
- Dual diagnosis
- 12-Step program
- Intervention
- Relapse prevention
- Assessment
- Young adult program (18-25)
- Recovery monitoring program
- Critical incident debriefing
- Drug-free workplace
- Spanish speaking services available

Outreach Activities: Lectures and presentations

Cumberland Heights
8283 River Road
Nashville, TN 37209
Phone: 1-800-646-9998
Fax: 615-432-3041
Contact: Bob Fairweather

Agency Type: Non-profit: Alcohol and Drug Treatment
Clients Served: M/F adolescents and adults
Service Areas: Nationwide
Is Agency on TennCare? No
Forms of Payment: Self-pay; private insurance
Services Provided:

- Outpatient
- Residential
- Detox
- Family education
The Florence Crittenton Agency
Crittenton Center Building C
1531 Dick Lonas Road
Knoxville, TN 37909
Phone: 865-602-2021 ext. 165
Fax: 865-602-2039
Contact: Janet McCracken

Agency Type: Non-Profit
Clients Served: Female
Service Areas: Tennessee
Forms of Payment: Self-pay
Is Agency on TennCare? No

Services Provided:
- Intensive outpatient to young pregnant women with substance abuse problems
- Assessments
- 12-Step groups
- Dual diagnosis
- Relapse prevention
- Pregnancy support and education
- Aftercare
- On-site school and GED program

Overview: A combination of traditional drug and alcohol treatment techniques with counseling and education provides clients with an individual program for treatment and support. We provide special services to pregnant teens that have significant involvement in the abuse of ATOD to help break the inter-generational cycle. Emphasis is also put on aftercare follow up with the new mother as these young women are at risk of falling back into their addictive patterns.
Gateway
Helen Ross McNabb
3845 Holston College Road
Louisville, TN 37777
Phone: 865-524-5757
Fax: 865-380-5088

Agency Type: Non-profit, alcohol and drug treatment
Clients Served: M/F 13-18
Service Areas: Knox and 16 surrounding counties
Forms of Payment: Private insurance; grant
Is Agency on TennCare? No
Services Provided:

- Outpatient intervention/education
- Intensive outpatient
- Residential
- Dual diagnosis
- Intervention
- 12-Step groups
- Relapse prevention
- Group therapy
- Education
- Adventure-based counseling and wellness
- Spanish speaking services provided

Helping Heart Counseling & Associates
7119 Afton Drive, Suite 202
Knoxville, TN  37918
Contact: Gene Marie Rutkauskas, MS, LADAC, NCACII
Phone: 865-382-7035  Email: genemarier@helping-heart.com
Fax: 865-377-3301  Web: helping-heart.com

Agency Type: Private
Clients Served: M/F under 18, 18-64, 65+
Service Areas: East Tennessee
Forms of Payment: Self-pay; sliding scale; ADAT (Alcohol Drug Assessment Treatment-Court Ordered)
Is Agency on TennCare? No
Services Provided:

- Outpatient
- Specialized services
- Recovery support
- A&D couples & family counseling
Overview: Services include outpatient TN state-licensed alcohol and drug counseling (individual, group, family, couples); substance abuse assessment/evaluations; A&D education classes (DUI, DWI, DOT); intervention services; substance abuse training presentations; public speaking/education presentations; clinical supervision for substance abuse professionals. With over 20 years of experience providing these services in the Knoxville area, the practice also includes other therapists offering licensed marriage and family therapy services and additional specialized massage therapy services.

Interfaith Health Clinic
315 Gill Ave
Knoxville TN 37917
Phone: 865-546-7330
Fax: 865-546-6643
Contact: Dr. Debbie Allen

Agency Type: Medical/Dental/Mental/Primary Care
Clients Served: All ages, except under age 2; M/F uninsured
Service Areas: East Tennessee
Forms of Payment: Cash and check only
Services Provided:
- Licensed social worker
- Treatment of depression, anxiety, and other mental/medical issues

PASAAC- Project Against Sexual Abuse of Appalachian Children (Child & Family)
3006 Lake Brook Blvd.
Knoxville, TN 37909

Contact: Jeannie x. 225
Phone: 865-242-1100
Fax: 865-588-4360
www.child-family.org

Agency Type: Outpatient counseling center
Clients Served: Individuals and families affected by sexual abuse
Service Areas: Blount, Knox and Sevier counties

Forms of Payment: Private insurance, sliding scale, groups flat fee of $25 (no insurance)
Is Agency on TennCare? Yes

Services Provided:

- Intake and orientation session
- Consultation and materials development
- Individual, family and group treatment for adult and child victims and families
- Program for adolescent offenders
- Specialized groups for parents of children dealing with sexual abuse issues (non-offending)

Available Outreach Activities: Speakers for educational, church, civic and other groups on topics related to child sexual abuse.

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Peninsula Hospital
2347 Jones Bend Rd. (Inpatient address)
Louisville, TN 37777

6800 Baum Dr. (Outpatient address)
Knoxville, TN 37919
Phone: 865-970-9800 (central phone for all facilities)
Fax: 865-970-1884 (hospital); 865-374-7101 Administration & Outpatient
Contact: Jeff Dice, VP of Behavioral Health

Agency Type: Inpatient & Outpatient Mental Health Facility
Clients Served: M/F all ages
Service Areas: Nationwide (Knox, Loudon, Sevier & Blount locations)
Payment Types: Private insurance, self-pay, sliding scale based on income
Is Agency on TennCare? Yes (thru BHO- Americhoice)

Services Provided:

- Inpatient
- Outpatient
- Crisis intervention
- Detox
- Dual diagnosis
- Assessments
- Relapse prevention
- Child in-home services
- ATOD prevention
- Interpreters for the deaf available
- Foreign language and hearing-impaired services available
- Recovery education
- Peer support services

**Organization Overview:** Peninsula Hospital is a 155-bed facility providing inpatient and outpatient mental health and alcohol/drug crisis stabilization service for adults, adolescents and children. The hospital also offers medical detox for chemically dependent patients and is one of the few facilities in the area to accept emergency commitments. Peninsula Hospital is accredited by the Joint Commission on Accreditation of Healthcare Organizations.

**Redirections**

**Helen Ross McNabb**
600 Arthur St.
Knoxville, TN 37921
**Phone:** 865-523-8695
**Fax:** 865-523-6827
**Contact:** Mona Blanton Kitts (865-637-9711)

**Agency Type:** Non-profit alcohol & drug treatment program
**Clients Served:** M/F; 13-18 years
**Service Areas:** 16 surrounding counties
**Is Agency on TennCare?** Yes & grant

**Services Provided:**
- Outpatient
- Spanish speaking services provided
- Day treatment
- Intervention
- Cognitive behavioral treatment
- Individual group therapy
- Step work
- Adventure-based counseling
- Master’s level staffing

**Ridgeview Psychiatric Hospital and Center**
240 W. Tyrone Road
Oak Ridge, TN 37830
**Phone:** 865-482-1076
**Fax:** 865-481-6164
**Contact:** Richard Chirip x. 1202
<table>
<thead>
<tr>
<th>Agency Type:</th>
<th>Mental Health Center</th>
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<tbody>
<tr>
<td>Clients Served:</td>
<td>M/F all ages</td>
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<tr>
<td>Service Areas:</td>
<td>Anderson, Campbell, Morgan, Roane, Scott Co.</td>
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<tr>
<td>Forms of Payment:</td>
<td>Self-pay, sliding scale, insurance</td>
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<tr>
<td>Is Agency on TennCare?</td>
<td>Yes</td>
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<tr>
<td>Services Provided:</td>
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<td>• Outpatient</td>
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<td>• Intensive focus programs</td>
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<td>• Dual diagnosis</td>
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<td>• 12-Steps</td>
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<td>• Relapse prevention</td>
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<td>• Assessment</td>
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<td>• Spanish speaking and hearing-impaired services provided</td>
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The Therapy Center  
Child and Family Tennessee  
3006 Lake Brook Blvd.  
Knoxville TN 37909  
Phone: 865-246-1100 (Knox); 865-983-9390 (Blount)  
Fax: 865-588-4360  
Contact: Jeannie X. 225  
Email: [www.child-family.org](http://www.child-family.org)  

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<thead>
<tr>
<th>Agency Type:</th>
<th>Outpatient mental health program</th>
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<tbody>
<tr>
<td>Clients Served:</td>
<td>M/F all ages</td>
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<tr>
<td>Service Areas:</td>
<td>Knox &amp; Blount counties</td>
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<td>Services Provided:</td>
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<tr>
<td>• Men’s &amp; women’s intensive outpatient</td>
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<td>• Non-offending parent group</td>
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<td>• Women’s anger management group</td>
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<td>• Marriage counseling</td>
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<td>• Mental health</td>
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<td>• Child-parent relationship</td>
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<td>• Parent-teen conflict</td>
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</tbody>
</table>
- Divorce issues
- Stress, bereavement
- Family problems
- Financial/work-related problems
- Depression
- Anxiety
- Abuse issues
- Domestic violence
- A&D assessment
- A&D outpatient treatment
- Men’s batterer’s intervention

865.588.5550   The Metropolitan Drug Commission   www.metrodrug.org